

FOR and ABOUT WOMEN

FINE SUMMER WRAPS

Charming Little Capes, Boleros and Silk Dust Coats For Warm Weather.

ALPINES THAT MAY BE WASHED EVERY WEEK.

There Are Some Wonderful Combinations in Both Long and Short Wraps This Season, in Which Cherry Muslin and Changeable Silks Are Greatly in Evidence.

New York, June, 1937.—Certainly the very refinement of extravagance is the indulgence of a taste for those airy, fairy, exquisite, impractical yet undeniably necessary and becoming details of dress called summer wraps. Their excuse for being is to be beautiful and to beautify, not to protect one against dust, rain, heat or cold. Speaking from the practical side and the economical side, too, a set of summer wraps should properly consist of a rain coat or park coat, a dust wister, a serviceable tweed cape and a roadster coat of covert cloth. A park coat is requisite as a shield in bad weather, for this garment is a vast improvement on all the summer rain protectors yet brought out. It is in reality a well-cut, long coat, either of porous rain-proof tweed, or, better still, waterproof silk. The advantage of its full skirts and ample arm holes is that it affords a free circulation of air, which prevents the wearer from overheating, as in a heavy raincoat, and provides a perfect rain coat for driving or riding a horse or a wheel.

SILK DUST COATS.

The very striking ones, in waterproof silk, are bright periwinkle blue outside and crimson within, having every detachable hood, buttoning one in the collar, and their front buttoning made of big disks of smoked pearl. This wrap is wholly an evolution of ultra modern science, as is the excellent dustier referred to. Cornflower blue taffeta silk is the dust wister's proper material, though women, who are, for the way, wearing them extensively this summer, have what they call carriage plaids, made up in rich tones of dark, golden brown and beautiful red silk or linen. Mohair is another goods individuality adapted to this purpose, but mohair and alpaca are but, even if they are dustproof.

By a carriage plaid is also meant a traveling ulster; for railway traveling exclusively, the big wraps being so artfully made as to afford perfect protection to one's smart traveling suit. Its highest dress button in the wrist, a silk muslin plaid gives

below the hip is a melancholy error of taste indeed.

A BOLERO WRAP.

The sketch of a new bolero gives some idea of how far this little garment is being distanced from its original outline. However, the original of the bolero black and white as it appears on paper, is a bit of a wrap. The foundation is black satin, on which, back and front, are worked out graceful arabesques in gold and steel and jet beads. The epaulettes and high neck ruff are of cherry red silk muslin. There is nothing even to be winked at in the combination of colors or goods. On the backs of women, whose taste is regarded as a standard, one sees little Eton coats of white silk, suit up to the shoulder blades behind, edged with a lovely fringe of ivory beads and the sleeves of dandelion



FOR MOURNING.

yellow silk muslin in plaited frills that stretch their wings enormously—sleeves in the true sense they are not, just epaulettes, and it is very proper to have as tall and showy a ruff collar behind the ears as possible. This is true not only of wraps, but gowns as well, for all occasions and on evening dresses stiffened lace model collars, larger far than ever seen before, spring out about the shoulders—women who cannot afford the lace-wear lovely ones of plaited black or white tulle.

NOVELTIES IN CAPES.

But if the boleros are remarkable, the new capes go them one better, and with the unreasoning but none the less attractive coquetry they makes contrive they shall express numbers are wrought from liberty silk, silk muslin, lace and net, with a trimming of fur. Only the very narrowest lines of ex-

plumes contributed the collar. A convy has been made in white plumes, silk muslin and steel beading and alongside lay a quaint carriage cap of more stable material—pale gray cloth, beaded in steel, lined with white and bearing about its edge a fine plaiting of white silk. This was the ground plan, so to speak, on which fell a wide collar that at a distance seemed made of a remarkable new fur. In reality it was entirely covered with numerous half-inch deep plaitings of white silk muslin, set close together and standing straight up.

WASHABLE HATS.

So much for the confections and vanities. Now for the realities of dress. This week there are some novel shirt



GREY CLOTH.

waists of brown linen, with bolero jacket fronts set on over full pouting boleros. The boleros are a part of the shirt, sewed in at the shoulder armhole and under arm seams. They do not extend to the back, and many of them are daintily decorated with chain-stitch embroidery, done by the machine, but none the less attractive and popular for that.

A hat that will wash is also a last expression of the milliner's genius. White linen is what it is made of, or brown linen, if you choose, and the familiar alpine shape is adopted for this cool and light head gear, than in both brim and crown is only made in two thicknesses of linen, stitched elaborately. It is a positive fact that when the white linen that grows soiled it can be given to the laundress, who may soap, scrub, starch and iron it into an appearance of immaculate newness. The brown ones are equally adapted to tubbing, and later the manufacturers promise the same make and shape in blue and pink linen.

All this is clean and convenient, but by way of placing variation from the alpine shape there is a nice hat just out, woven in flat cream-colored straw, its crown running up to a perfect cone. The rather narrow crown juts out like that of a sailor, and women who wear this shape for all outdoor purposes trim the frames with a bright plaid silk handkerchief and one of two stout silk sticks. The very truth is that we are growing desperately lazy about trimming our hats at all, so much do the manufacturers do to solve the question of how or what shall be done. All fresh from the factory come straws with set and tube brim facings, plaited in by machinery, the links for

FLAPJACKS.

Huckleberries make the most delicious flapjacks, good to look upon and light enough to melt in the mouth. They are made by stirring a generous pint of flour into a smooth batter with a pint of milk, then adding half a teaspoon of salt and the well-beaten yolks of the eggs. Allow this to stand in a pint of ripe huckleberries are picked over and the whites of the eggs beaten to a stiff froth. Before stirring the berries and whites in see that the frying pan is hot and greased with sweet butter, just sufficiently to prevent sticking. Fry the pan with a little butter, and it becomes quickly brown on the bottom and dip out in a cup, so that the berries are evenly distributed, enough to spread as thin as possible over the pan. It is well to stir the batter off the stove, pour the huckleberry batter in the center and manipulate it in a way to cover the pan evenly, return to a hot part of the stove, turn when brown, then pour batter in the same way on the browned cake; turn when the other side is brown and continue until you have three or four flapjacks, as liked. Serve hot, with hard sauce or the berry juice boiled, sweetened and thickened with a little corn starch wet with cold juice.

Once tried these flapjacks will become a standing favorite, and may be made with blackberries also. Be sure the fruit used is very ripe, as it is only cooked slightly.

A FAVORITE PUDDING.

A very delicious yet inexpensive pudding, sometimes called "fried cream," is creamy white within, brown and crisp without. If for dinner at night, it should be partly prepared in the morning. Bring a quart of milk to boiling point, add a pinch of salt, a cup of sugar and a teaspoon of vanilla, then stir in four scant tablespoons of corn starch, mixed smooth with a little cold milk or water. The deliciousness of this pudding depends upon the careful measuring of the corn starch. If the spoon is heaped the result will be rice straw or woven of light and flaky. Beat well, cook for ten minutes, then taste to make sure there is no raw flavor, and turn out to a greased pan, deep enough to allow of slices an inch thick. At dinner time cut in neat slices, cover with egg and oiled bread crumbs, and cook in deep, boiling fat, to a golden brown. Try the fat first with a bit of bread. Send to table on a hot platter and serve on warm plates, with maple syrup or powdered sugar and lemon. Stale bread cut into thick squares, soaked through with a batter made with half a pint of flour, the same of milk, half teaspoon of salt, two eggs beaten separately, and cooked in the same way as the corn starch slices, sent to the table heated on a hot dish and eaten with hard sauce or syrup is a dessert always liked with delight, yet rarely served. There is a little secret about successful "breading" that is not generally known. Make sure that the crumbs are sifted as not to be broken, then roll the article to be fried in the crumbs first, this absorbs any moisture and makes success sure. Dip in the egg, then again in the crumbs, and the article is ready for the hot bath. EMILY FORD.

SUMMER VEILS.

Along with the hats are veils of a recent invention worth mentioning. They are literally two veils woven as one. Against the face lies a fine film of ivory white tulle, upon which is woven a coarse mesh of blue, brown or black silk net, amply sprinkled with white chiffon or narrow frillings of silk muslin escaping from beneath every layer of straw on the brim.

of color. It is noticeable that only a few of the spangled fans are painted, while, for daylight use, the smart thing is a small fan, of ivory, stick, mounted with a curious little Japanese silk painted in Japanese water-color. Little girls fall heir to the latest fad, straw fans from Japan, fancifully painted in scenes from Japanese nurseries, schools, etc. Not as clever an idea on the part of mothers is that of putting their short skirted daughters into bright plaid stockings and pointed shoes. This last fashion is flippant, as American children, in spite of their shortcomings, are usually the most sensible and gracefully dressed people of any nation. Witness for example the nice suit in the sketch, of oak green canvas cloth, trimmed with frills of shot green silk, light lace, the waist opening at the neck to show a yoke of cream-colored Irish lace. NINA FITCH.

GALATINE OF VEAL.

A Delicious Dish for Luncheon or Sunday's High Tea.

There are many dainty dishes which even an experienced housekeeper fears to attempt. After all, however, there are very few that once attempted with a clear head and willing hands may not be presented to the family of luster and flavor, and after a trial or two of every whit as fine an appearance as if sent in from the most expensive caterer. For the Easter holidays a galatine of veal will be found a capital place of resistance when first made and afterward a standby to help out other dishes.

Order a breast of veal with the bone removed, sprinkle it with pepper and salt, and then spread over it a dressing made of two cups of cold boiled ham chopped finely, a tablespoonful of chopped parsley, salt, pepper, French mustard and cayenne pepper to taste, all mixed together with the yolks of two eggs. Roll the breast, tie compactly with twine, then sew into a piece of cheese cloth. Now put in the bottom of a large saucepan the bones from the breast with a knuckle of veal, add medium sized onion, peeled and washed, two bay leaves, a stalk of celery, a small carrot and two or three cloves, cover with three quarts of cold water, allow it to come very slowly to a boil, then carefully and after adding a small teaspoon of salt, put in the breast. If not in the kitchen to watch proceedings, place the saucepan in a larger one of boiling water with sufficient water to cover the breast. Make sure that the exterior is kept boiling and it may be safely left to simmer for three hours. At the end of this time remove the breast and dip into a cool water. Now know that a galatine of veal should be made in a cup of cold water. Now clarify by adding to a pint of water while boiling the white of an egg beaten with half a cup of cold water, the shell well washed, brushed and added. Mind there is not the least particle of the yolk of the egg in the water. Boil for five minutes, strain, add pepper and salt to taste and set aside to become cold, but not yet to jelly. Put a layer of this cleared broth in the bottom of a galatine mold and allow it to form a jelly by standing on the fire, then turn the veal in and pour in the rest. Keep in mind during the simmering that the water should be kept at a steady level to cover the veal and to turn it out entirely enveloped in clear meat jelly, and if through carelessness the liquor has boiled away too much, add a little water.

After standing over night the galatine will be ready to turn out, and will do so readily if a towel wrung out of a hot water and squeezed and then moistened with the jelly is placed over the top for a moment. This dish is a very light one if garnished with fresh parsley. A new tin will serve nicely for a form if a mold is not at hand. The slices appear very appetizing surrounded with jelly, and the pink ham is a set-off to the white veal in flavor as well as appearance.

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MOUNTAIN COSTUME.

A TEETHING BABY.

Advice Given by the Head Nurse of the Babies' Ward of a Great New York Hospital as to the Proper Care of a Delicate Child During Hot Weather.

"Suppose we begin with baths," remarked the head nurse of the babies' ward in the post graduate hospital of New York City, the other day, when asked for advice as to the care of a delicate infant during the summer months. "A baby should never be bathed in cold water—the shock is too great. For a delicate, ailing, teething child the temperature should be about 75 degrees, and the water should be no warmer than the temperature of the body. For a healthy baby the temperature may be lowered to about 70 degrees. We, of course, mean this hospital, never use anything for bathing purposes except clear water. That is, unless the child has some special disease, then the bath is prescribed by a physician. In case the baby is troubled with heat, oatmeal bran is best. If the child is teething, also a little bicarbonate of soda.

As to clothing, during the summer we make a change from winter garments, except for using lighter weight socks, cloaks, etc. I think it a good plan to change the baby's clothing at least once a week. The first summer of its life. It may be in the shape of a shirt or band, though prefer the former. The best diapers are of linen, after the newness has been thoroughly washed out. In the summer, a child should be taken to the bath, and the bath should be taken at a temperature of 75 degrees. Failure to do this is the principal cause of a child's death. A good bath should be given, and the child should be dried, then it should be lightly dusted with talcum or pure rice powder. I do not believe in grease as a preventative for chafing—it is heating—but where the skin is already irritated, a good ointment ought to be applied.

For the ordinary baby, no great amount of soap is necessary, but it should always be of the very best quality. We prefer and use the pure castile, which is green. But before leaving the subject of baths, powder, etc., I would like to state that any powder carelessly used will do a great amount of harm. When the little creature, to which I referred, is not carefully dried, and powder is dusted on it, the powder will cake, and in the heat of summer, inflammation is the result. This is very serious and causes the baby serious suffering.

"We never use mattresses; always a thick double blanket, folded and placed under the baby. The baby should be covered by a sheet, and these sheets should never be of linen. Even in the heat of summer, the best covering is a cotton sheet and as many soft, light, blankets as the weather demands. Now as to the proper feeding of children when teething. That is a question over which doctors and nurses are still quarreling. I believe, however, that the arch enemy to the health and life of babies in summer time, I think, is the mother's milk. If the mother is not nursing the child, the child should be fed with a good artificial milk. If the mother is nursing the child, the child should be fed with a good artificial milk. If the mother is nursing the child, the child should be fed with a good artificial milk.

REDUCING THE GIRTH OF THE HIPS.

A chest weight can be made easily at home at an outside cost of say 25 cents. Find two pieces of wood and shape them to fit the hand; around each of them tie a stout piece of twine about a yard long; then take six rubber bands, each one inch wide, and by means of slip knots secure these together; fasten two screw hooks, one a little above the floor and the other above the head. You can then slip the ends of the two sets of rubbers over them, and presto! your improvised chest weight is ready to use, and it will be as good service as one that cost several dollars.

the points of the teeth still lingering about them. Such bed lines as this have always been died in the oven air. And upon inquiry it will be discovered it has been folded away with springs or bags of old clothes, or even scattered between. If one looks for the reason for this "odor of cleanliness" about certain people it will be found that after it comes from the very prosaic fact that the teeth and person are as clean as the well-washed sheets, and it is only after this purity has been attained that the linen is ready for the lavender or the person for the use of perfumes.

That most hideous thing, a bad breath, is in almost every case to be traced to the teeth. In proof of this statement is only necessary to draw attention to the fact that people who have no teeth but those provided by the dentist, seldom have disagreeable breath, and in the rare cases where this is noticed in toothless babies it is banished at once by some simple medicine.

Cleanse the mouth thoroughly, after first brushing the teeth. The very best mouth washes may now be bought in tablet form; one or two of these will suffice to cleanse the mouth, and must be kept on the stand as inevitably as tooth brush or powder. A thorough washing and gargling with this wash and a positive assurance that here is not the slightest suspicion of decay about the teeth, and one may then make sure of a sweet breath by the use of eucalyptus made as follows: Dissolve three ounces of florice extract in the same measure of cold water. Two small saucers or tin cups, one larger than the other, arranged like a double boiler, with boiling water outside, is necessary. When the florice is dissolved add half an ounce of gum arabic and one of catechu. Allow it to boil away to two-thirds, then add a drachm each of mastic, cascarilla, charcoal andorris root. The latter is for fragrance, while most of the other ingredients are astringent and cleansing. These are to be pounded to a powder before adding to the other ingredients. Afterward stir, still with the boiling water in the outside vessel, allowing the whole to boil down until it is of proper consistency to roll into pellets. All of these materials are so simple and inexpensive that for a very small outlay any druggist will weigh them out.

For a change a few cents' worth of whole cubes are cleansing and sweetening for the breath, two or three of these well chewed and swallowed will leave a pungent, pleasant taste in the mouth, and give to the breath an agreeableness not at all suggestive of "doctor's breath."

Orris root should always form an ingredient in successful cachaos, it suggests violets, and is the subtlest and most successful perfume to be obtained. It is always made sure that it is fresh. Before buying break a bit in it, and if moist, and there is a slight suggestion of decay, violet is a waste. Do not expect any more than a slight dryness comes out only after the root is broken in small bits and soaked in spirits. If graded like horseradish it will yield its perfume still more effectively.

A very simple but effective sweetener of the breath is root licorice. As it cannot be obtained as a powder, it is best to use it in the form of a lozenge. A writer once stood on a street corner in close confab with a group of girls; in coming rather close to one of them in the desire to hear her whispering bit of gossip, a faint odor of violets was perceptible. Not a sign of this flower appeared upon any of the party, so, with a sniff of pleasure, the question was asked, "Who has violets on this bleak day when they are worth their weight in gold?" "I'm the culprit," was the reply from one of the party, "it's the odor without the flower, and she took from her muff a bit of stick nibbled at the ends. "Only this and nothing more." It need not be added that every girl of the party became a confirmed "nibbler."

REBEKAH UNDERWOOD.

HOW DISHES GOT THEIR NAMES.

The sandwich is called for the earl of Sandwich. Mulligatawny is from an East India word, meaning pepper water. Waffle is from wafel, a word of Flemish origin, meaning honeycomb.

Hominy is from an American word, the North American Indian word for parched corn. Gooseberry fool is a corruption of gooseberry fowl, milled or pressed gooseberries.

Forcemeat is a corruption of farce-meat, from the French farce, stuffing, i.e., meat for stuffing.

Blanc-mange means literally white food, hence chocolate blanc-mange is something of a misnomer. Succotash is a dish borrowed from the Narragansett Indians and called by them mick-quash.

Charlotte is a corruption of the old English word charlotte, which means a dish of cream and chocolate russe is Russian charlotte.

Gumbo is simply okra soup, gumbo being the name by which okra is often known in the south. Chicken zuni is a soup of okra and chicken.

Macaroni is taken from a Greek derivation, which means "the blessed dead," in allusion to the ancient custom of eating it at feasts for the dead.

Characteristic.
Cleveland Plain Dealer: "Don't you think Mrs. Cleveland's gown is quite too low?"
Yes, but it's characteristic. She's too economical, you know, to encourage any waste."

Well Named.
Cleveland Plain Dealer: "How would you like this friend, Mrs. Newbold?"
Please, oh, I should think as much, with that row of naked babies sitting on them damp clouds."

THREE HAPPY WOMEN!

Each Relieved of Periodic Pain and Backache. A Trio of Fervent Letters.

Before using Lydia E. Pinkham's Vegetable Compound, my health was gradually being undermined. I suffered untold agony from painful menstruation, backache, pain on top of my head and ovarian trouble. I concluded to try Mrs. Pinkham's Compound, and found that it was all any woman needs who suffers with painful monthly periods. It entirely cured me. Mrs. GEORGINA WASS, 923 Bank St., Cincinnati, O.

For years I had suffered with painful menstruation every month. At the beginning of menstruation it was impossible for me to for more than five minutes, I felt so miserable a little book of Mrs. Pinkham's was sent me, and I sat right down and read it. Lydia E. Pinkham's Vegetable Compound. I can heartily say that to-day I am a woman; my monthly suffering is a thing of the past. I shall always praise the Vegetable Compound done for me. Mrs. MARGARET ANDERSON, 263 Lisbon St., Lewiston, Me.

Lydia E. Pinkham's Vegetable Compound has cured me of painful menstruation and backache. The pain in my back was dreadful, and the agony I suffered during menstruation nearly drove me wild. Now this is all over, thanks to Mrs. Pinkham's medicine and advice.—Mrs. CAROL W. WILLIAMS, South Mills, N.C.

The great volume of testimony proves conclusively that Lydia E. Pinkham's Vegetable Compound is a safe, sure and almost infallible remedy in cases of irregularity, suppressed, excessive or painful monthly periods.



DUST CLOTH AND LIGHT WRAP.

The neck finish and the skirts are buttoned nearly to the hem. Back and front the entry box cut is used, for on drawing up to a door in a trap the wearer merely rises, hastily detaches the buttons and leaves the dust steps on the vehicle's seat, while she steps forth immaculate in her dainty organza, or, just before the train rushes into the station that marks her destination, she shakes off the silken chrysalis, folds it to fit exactly into a tiny silk bag made to contain it, and, escaping a thrashing at the hands of the parlor car porter, emerges from the coach as crisp and clean as when she set out.

ORNAMENTAL WRAPS.

But all these are summer wraps for utility. Those for ornament, purely, deserve a chapter to themselves. It is safe to say they are more bizarre and rich in ornament than ever before. This is because there are really only two shapes adopted, and in the effort to arrive at individuality the cape and bolero have cut wonderful capes. Their gymnastics are performed from the waist line up for to let either full